



## Things To Do

Our Center offers classes to exercise your body and mind. We regularly offer yoga, Balance Movement (a falls prevention course), aerobics and Silver Sneakers. Keep your mind active by using your creativity to make art. You can even suggest a class you'd like to attend, and we'll do our best to provide it!

We host a wide array of games, from bingo and bridge to hand and foot canasta, Mahjong (including lessons) and pinochle. We also have three bridge groups – all games guaranteed to help seniors live a mentally active life and enjoy time with friends.

Nearly every afternoon, we have a different band for your listening and dancing pleasure, and there's no cost to join in the fun (although donations are appreciated). Visit [friendshipcenters.org](http://friendshipcenters.org) or grab a copy of *Prime Times* for the activities schedule.



## Our Other Services

Be sure to check out our other programs on the Venice Campus. More information is available at the Information Desk or online at [friendshipcenters.org](http://friendshipcenters.org).

### Nutrition Programs

Enjoy a meal in a friendly social setting for the 60+ crowd at our Friendship Café. We can also arrange delivery of nutritious meals to isolated seniors through our Home Delivered Meals program.

### The Caregiving Place

We offer an Adult Day Care program, featuring supervised, engaging activities for seniors with cognitive or medical issues. It's an inviting place to socialize with others, sharpen cognitive skills, reduce frustration, enjoy healthy meals, and feel valued. We also offer caregivers a wealth of resources to help decide the best caregiving plan and support groups where participants can ask questions, voice concerns and get new ideas from others.

### Medical and Dental Clinics

Volunteer retired physicians, dentists, nurse practitioners, physician's assistants, nurses and clinic aides provide life-saving care to persons 50 and older who meet certain financial criteria. Many individuals come to our Health Clinic in crisis, without health insurance, and we are able to return them to wellness – in some cases, saving lives.



### Venice Friendship Center

2350 Scenic Drive  
Venice, FL 34293

8:30 am - 4:30 pm | Monday - Friday

[friendshipcenters.org](http://friendshipcenters.org) | 941.493.3065

## Friendship Centers Invites You To Join

# Friends of the Venice Center



# 2017

Accredited by the National Association of Senior Centers

Exciting Classes and Programs

Member Discounts on Classes, Activities and More

Beautiful Setting and Facilities

# Our Activities Centers

The Venice Friendship Center has been compared to a country club and is a bustling, light-filled space where you can take classes, exercise, play cards, socialize, create art, make music and learn about healthy aging. We create community in every sense of the word – by providing comfortable places to gather, dance to live music, or enjoy a healthy lunch. Our Activity Center is a great place to meet people and make new friends.

The Center was among the first in the state of Florida to be nationally accredited by the National Council on Aging's National Institute for Senior Centers. Brimming with exciting activities, this award winning facility is recognized as a nonprofit model for the rest of the country.



# Membership Perks

Discounted rate for a wide variety of stimulating classes and activities offered at the Center, including:

- Fitness
- Balance Movement
- Dance
- Arts & Crafts
- Games

Members also can pay a discounted price to rent our facilities. Admission to certain special events may also be lower for our Friends.

# So, will you join the club?

# Registration Form

**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**City:** \_\_\_\_\_ **State:** \_\_\_\_\_  
**Zip:** \_\_\_\_\_ **Phone:** \_\_\_\_\_  
**Birthday:** \_\_\_\_\_ **Gender:** M F  
**Email:** \_\_\_\_\_

**Are You a Veteran?** Yes No  
**Veteran Dependent?** Yes No

**Marital Status:**  
\_\_\_\_ Married \_\_\_\_\_ Single  
\_\_\_\_ Widowed \_\_\_\_\_ Divorced  
\_\_\_\_ Separated \_\_\_\_\_ Partnered

**Race/Ethnicity:**  
\_\_\_\_ Hispanic or Latino \_\_\_\_\_ Caucasian  
\_\_\_\_ African American \_\_\_\_\_ Asian  
\_\_\_\_ Pacific Islander \_\_\_\_\_ Native American  
\_\_\_\_ Two or More Races

**Emergency Contact:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

*Information you provide is secure and will not be shared.*

# Release Waiver

**Release Waiver:** As a participant in activities and programs, I voluntarily agree to assume and hold the Friendship Centers harmless against all risks of loss, impairment, damage or injury of whatever kind may be sustained or suffered, whether or not resulting in whole or part, from act or omissions, negligence or other unintentional fault of the Centers.

**Signature:** \_\_\_\_\_  
**Date:** \_\_\_\_\_

**Photography Release:** I hereby give permission to the Friendship Centers to use my photograph and video image for promotional purposes related to the Centers.

**Signature:** \_\_\_\_\_  
**Date:** \_\_\_\_\_

# Annual Membership Options

- \_\_\_\_ **\$50 Single Membership**  
Over the age of 50.
- \_\_\_\_ **\$70 Couple Membership**  
Two people living at the same address, one over the age of 50.
- \_\_\_\_ **\$40 Seasonal Guest Membership**  
For seasonal members, age 50+, up to 3 months.
- \_\_\_\_ **\$60 Seasonal Couples**  
Members, age 50+, up to 3 months.
- \_\_\_\_ **FREE To all seniors over the age of 90!**

# Participant Criteria

The Activities Center is geared towards independent, active seniors who enjoy socializing, getting fit, and learning. Some of the criteria which may require us to release a participant include:

- Inability to independently use restrooms
- Inability to evacuate the building unassisted in case of an emergency
- Unacceptable behavior requiring staff intervention
- Wandering or confusion regarding surroundings

*All participants must sign and submit a release waiver.*

# Please send this form and your payment to:

Attn: Center Manager  
Friendship Centers  
2350 Scenic Drive  
Venice, FL 34293

You may pay with cash or check only. Please make checks payable to Friendship Centers.

# For office use only:

Membership # \_\_\_\_\_  
\_\_\_\_ New Registration \_\_\_\_\_ Renewal