

Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Birthdate: _____ Gender: M F

Are You a Veteran? Yes No
Veteran Dependent? Yes No

Marital Status:
 Married Single Widowed
 Divorced Separated Partnered

Race/Ethnicity:
 Hispanic/ Latino Caucasian African American
 Asian Pacific Islander Native American
 Two or More Races

Low Income? Yes No
Live Alone? Yes No

Emergency Contact: _____

Phone: _____

Family Contact: _____

Phone: _____

Physician: _____

Phone: _____

Information you provide is secure and will not be shared.

Release Waiver

Release Waiver: As a participant in activities and programs, I voluntarily agree to assume and hold the Friendship Centers harmless against all risks of loss, impairment, damage or injury of whatever kind may be sustained or suffered, whether or not resulting in whole or part, from act or omissions, negligence or other unintentional fault of the Centers.

Signature: _____

Date: _____

Photography Release: I hereby give permission to the Friendship Centers to use my photograph and video image for promotional purposes related to the Centers.

Signature: _____

Date: _____



Other Services

Be sure to check out other programs at the Sarasota Campus. More information is available at the Information Desk and in Prime Times, a monthly newspaper published and inserted in the Sarasota Herald Tribune during the first week of every month. The paper is also available at locations throughout the county, and in the activity center.

Nutrition Programs

Enjoy a meal in a friendly social setting for the 60+ crowd at the Friendship Café. Or arrange for delivery of nutritious meals to isolated seniors through the Friendship Centers' Home Delivered Meals program. Ask a friendly volunteer or staff member for more information.

The Caregiving Place

A licensed Adult Day Service features supervised, engaging activities for seniors with cognitive or medical issues. It's an inviting place to socialize with others, sharpen cognitive skills, reduce frustration, enjoy healthy meals, and feel valued. Caregivers are offered a wealth of resources to help decide the best caregiving plan and support groups where participants can ask questions, voice concerns and get new ideas from others.

Center for Healthy Aging

Volunteer retired physicians, dentists, nurse practitioners, physician's assistants, nurses and clinic aides provide life-saving care to persons 50+ who meet financial criteria. Many individuals come to the Health Clinic in crisis, without health insurance, and are returned to wellness – in some cases, saving lives.

LGBTQ Support Groups & Discussion Groups

One of the newest programs to help seniors in the LGBTQ community find friendship and support at the Sarasota Friendship Centers. Each month a discussion group meets as well as a support group for LGBTQ elders who are grieving a loss or are caregivers.



Sarasota

1888 Brother Geenen Way
Sarasota, FL 34236

8:30 am - 4:30 pm
Monday - Friday

friendshipcenters.org | 941.955.2122

Friendship Centers

Invites You To Join

Friends of the Sarasota Center



2018

Exciting Classes and Programs
Discounts on Classes, Activities and More
Beautiful Setting and Facilities

Activity Center

The Sarasota Friendship Center has been compared to a country club! It is a bustling, light-filled space where you can take classes, exercise, play cards, socialize, create art, use community computers and access free WiFi, enjoy a healthy meal or simply listen to live music every day! Perfect for adults 50+ who want to get out of the house, the center is where you can be as active as you want, in an open, casual environment that fosters friendship above all else.

The Activity Center is a great place to make and meet new friends, so why not join today and start reaping the benefits membership in this “club” provides – right in your own backyard?



Things To Do

In addition to all the activities, classes and wellness opportunities, you can be sure you will find Friendship Centers a hub of activity to meet people like you who want to stay active and are looking for ways to keep their mind, body and spirit active!

Every afternoon, there's a band for your listening and dancing pleasure. Guest pianists and a variety of bands play at different times of the day.

Visit friendshipcenters.org or grab a copy of Prime Times for the latest activities schedule.

As a private nonprofit, Friendship Centers relies on charitable gifts and fees to operate. Consider making a gift or naming Friendship Centers in your estate plans today!

Membership Perks

Access to great free activities like:

- Live music every day
- Large dance floor
- Computers and WiFi
- Borrowing library
- Billiards
- Wii gaming
- Health insurance advocacy
- Free legal consultation
- Free test run of classes before committing

NEW in 2018!

Some of the plans we have for 2018 include a Spring Training day trip, a Friendship Centers Garden Club, a Walking Club and cultural excursions like visiting a museum and other off-campus day trips. Check the website for Center activities at friendshipcenters.org.

Members enjoy reduced costs for classes and activities such as:

- Foreign languages
- 12 different types of exercise classes including yoga, tai chi, balance movement, silver sneakers, aerobics and more
- Fitness Gym
- Arts & Crafts
- Card games
- Weight loss
- Chess
- Discussion groups
- 10% discount on Friendship Center for Aging Studies lifelong learning classes (excluding special events)
- Notary services—\$4 for members /\$7 for nonmembers

Class fees are only \$4 for Club members! Nonmembers can attend classes as well, and the fee for each class or activity is \$7. Your fee goes to help support the operating costs of keeping our Center open and available every weekday!

Many special events and concerts in addition to holiday-themed parties occur throughout the year. Members are eligible for a 10% discount on after-hours or special events that require a separate fee. It's a great deal, so, why not join the Club?



Annual Membership Options

\$75 Single Membership

Over the age of 50.

\$99 Couple Membership

Two people living at the same address, one over the age of 50.

\$60 Seasonal Guest Membership

For seasonal members, age 50+, up to 3 months.

\$80 Seasonal Couples

Members, age 50+, up to 3 months.

FREE Membership to all seniors over the age of 90!

Activity fees still apply.

An additional monthly fee of \$10 is required to use the exercise equipment. You must be approved ahead of time by a medical doctor to use the equipment.

Participant Criteria

The Activity Center is geared towards independent, active seniors who enjoy socializing, getting fit, and learning. Some of the criteria which may require us to release a participant include:

- Inability to independently use restrooms
- Inability to evacuate the building unassisted in case of an emergency
- Unacceptable behavior requiring staff intervention
- Wandering or confusion regarding surroundings

Please send this form and your payment to:

Attn: Center Manager
 Friendship Centers
 1888 Brother Geenen Way
 Sarasota, FL 34236

You may pay with cash, check or charge.
 Please make checks payable to Friendship Centers.

For office use only:

Membership # _____

____ New Registration

____ Renewal