

THE CAREGIVING PLACE:

*Care for your loved
one....support for you*

The Caregiver Resource Centers and Adult Day Services at the Friendship Centers have been rebranded under one umbrella as the Caregiving Place to reflect the complementary services provided – support, education and respite for the caregiver, and a home away from home for the loved one facing cognitive or medical challenges.

With the help of our partnerships with The Patterson Foundation, No Margin, No Mission, consultants and generous donors in the community, this project is a reality.

The central number for the Caregiver Resource Center is
941.556.3268

**Monday – Friday
9 am – 3 pm**

REFLEXOLOGY FOOT MASSAGE FOR CAREGIVERS

Wednesday, August 1, 2018

Do you have aches and pains because of tension and worry? Reflexology can relieve the stress and tension within the body. Join Dorothy Kellum, LMT for your **FREE** 25 minute session. Due to an overwhelming response in May, we are offering appointments in June, call early. **This program is for Caregivers only.**

Appointment Required. Call 556.3268

SUPPORT GROUPS

ALZHEIMER'S CAREGIVER SUPPORT GROUP

Tuesdays, 1:30 - 3 pm

This group is for caregivers of loved ones with Alzheimer's or Dementia related diseases. Meetings are held in the Pat Buster Health Services Building, 2nd floor conference room, 2350 Scenic Drive, Venice. The program is offered in conjunction with the Alzheimer's Association.

Call 556.3268 for details.

NEW SUPPORT GROUP

**North Port Caregiver Support Group
Join the Conversation, Friday, July 27,
10:00-11:30 a.m.**

**North Port Public Library - Juliano Room,
13800 Tamiami Trail, North Port, Florida**

This is an opportunity for caregivers to come together, ask questions, find solutions to the challenges they face and find support.

Please **RSVP to The Caregiving Place at 556.3268.** Sponsored in part by the Wilson Wood Foundation.



LEGACY SOCIETY

A helping hand for
generations to come

“We helped create an endowment for the Medical Clinic and funded a diabetes education program because the Friendship Centers serve people who have no place else to go.”

*Drs. Pat and Bob Gussin
Legacy Society Members*

OUR MISSION

To promote health, dignity and quality of life throughout the journey of aging.

The Legacy Society was created to allow individuals and their families to support the mission in a significant way through gifts that give back today—and into the future.

Your Legacy Gift will ensure that Friendship Centers continues to be a lifeline for thousands of individuals throughout Southwest Florida who need vital medical, nutritional, care support and life enhancement services.

You Can Be a Legacy Hero
Every Legacy Gift helps to sustain our organization and grow core programs and services for older adults, ultimately impacting lives in unimaginable ways.

**For further information
contact Jane Icelly
Charitable Giving Officer
at 941.556.3215**

CORPORATE SPONSORS

Alignment Healthcare USA
Autumn Leaves of Venice
Bayshore Guest Home-
Gardens
Berkshire Hathaway,
Senior Real Estate Specialists,
Susan Phelps & Kimi
Newcomb
Care Patrol Gulf Coast
Community Foundation of
Sarasota County
Granny Nannies
Gulf Coast Community
Foundation
Harbor Chase of Venice
HealthSouth Rehabilitation
Hospital
Heron Communities
Life Planning Law Firm, PA
Kevin Pillion, Esq.
Muscle Repair Shop,
Butch Phelps
National Cremation Society,
Anne Swartz
Right At Home
SMH-Comprehensive Rehab
Unit
Senior Healthcare
Management,
Nancy Bobbitt
Sean McCutcheon's Air
Conditioning & Heating
Seniors Blue Book
Southtech Solutions, Inc.
Sunrise Home Health
Tom Cannizzaro, CFP,
Specializing : Life Insurance Planning
Trilogy Home Healthcare
Tuscan Gardens of Venetia
Bay
Venice Regional Bayfront
Health
Venice Yacht Club
Wilson Wood Foundation

For Friendship Center
sponsorship
opportunities,
Please contact Jane
Icely in the Development
Department at 556.3215

CLASSES

ABC – Alzheimer's Basic Course

Tuesday, July 10, 2018

10:00-11:30 am

Caregiver Resource Center

Presented by Reva Rivell

Program Specialist, Alzheimer's Association

Mark your calendars! This educational program is vital for individuals caring for a loved one with the diagnosis of Alzheimer's or other dementia related disease. This program provides information on diagnosis, causes, risk factors, stages of the disease, care plans and more.

This is Tidewell Hospice...it's more than you think

Friday, July 20, 2018

10:00-11:00 am

Caregiver Resource Center

Presented by Suzanne Barksdale

For more than three decades, Tidewell has been dedicated to caring for people with advanced illnesses by fulfilling physical, emotional and spiritual needs while focusing on celebrating life and relationships that make every day worthwhile. This session will inform you of the programs and services available that include pain control, symptom management, personal care, respite, emotional and spiritual support, pharmacy, home medical equipment, crisis care and grief support. Time will be allotted for Q & A after the presentation.

Please RSVP for classes at 556.3268

MEMORY SCREENINGS

Wednesday, July 11, 1:00-3:00 pm @ the

Caregiver Resource Center

FREE MEMORY SCREENINGS will be provided by Danielle Valery, BS, CDP with The Memory Disorder Clinic of Sarasota Memorial Hospital in the Caregiver Resource Center conference room at the Caregiving Place, 2350 Scenic Dr., Venice 34293
The Memory Clinic schedules these appointments.
Please call 917.7197 to schedule your screening.

**Mindful Thought:
Putting yourself first doesn't mean
you don't care about others. It
means you're smart enough to know
you can't help others if you don't
help yourself first.**

HURRICANE PREPAREDNESS

Sarasota County residents with qualifying medical needs are encouraged to apply for registration as a medically-dependent person (MDP). It is important to apply in advance for this program so, if qualified, you will be on the county's registry for transportation and sheltering at a medically-dependent Evacuation Center during a disaster.

Detailed information including the on line application is available on the Sarasota County Emergency Management website.

The CRC staff will help assist you in obtaining this information.

The Sarasota County Hurricane Guides will be available at the CRC.

Powerful Tools FOR Caregivers

This highly interactive educational series is must for all family caregivers. This course will help reduce personal stress, change negative self-talk, and enhance the ability to communicate needs to others, deal with difficult emotions and cope with life changes.

For more information on future classes and to be added to our waitlist call 556.3268