the power of connection
The Power of Connection.

The founder of Senior Friendship Centers, Brother Geenen, famously said that "isolation is the malnutrition of the elderly." At Senior Friendship Centers, we try to help people understand what he meant - who we are helping, and why.

When the COVID-19 pandemic hit in 2020, a lightbulb went off around the world, and suddenly everyone not only understood - but could relate to – Brother Geenen’s words. No longer is loneliness just a concept faced by "others." As a result of social distancing, we’ve all experienced some form of isolation and the devastating effects that it can have on your mind, health and wellbeing. Many of the seniors we help are homebound, isolated for weeks… months…years. Through our programs, Senior Friendship Centers has helped seniors feel more connected for 47 years.

This report reflects the 2019 financial year - a year of hope and change. With the support of volunteers and visionaries, we launched a senior theatre troupe, a valuable outlet for creativity and entertainment, complete with a stage. Our nutrition program served almost 300,000 meals in Southwest Florida, and our Caregiving Place provided almost 80,000 hours of adult day services and caregiver education and support. Our Legacy Society grew by 10% in 2019, assuring that Friendship will be Forever. We celebrated moving our DeSoto Center to a beautiful new location in a partnership with Tidewell Hospice, and we also closed our Collier County clinic operations after 34 years of service to the community. Over the decades, better-funded entities emerged to offer healthcare and our patients experienced a change in providers with steady care.

At the very core is our Mission – steadfast, resilient, and more important than ever. While we cannot predict the future, Senior Friendship Centers is constantly adapting to the needs of our community. We hope that you will extend an extra measure of charity as we navigate evolving challenges and changes. Seniors in our community need us now more than ever before, and we will continue to connect in new and powerful ways.

Ever-present for this Mission,

Frank Fleischer, Chairman
Kevin Maisch, Immediate Past Chair
Thomas Logio, MD, Vice Chair – South
Patricia Courtois, Vice Chair – North
Darren Halsey, Treasurer
Michael Jucearn, Secretary
Erin McLeod, President & CEO
Paul Caragiulo
Steven (Skip) Cohen
Tyanna Derord
Victoria Dworski
Wendy Fishman
Bob Harris
Michael Karp
Jim Meister
Robert Nordland, MD
Kevin O’Neil, MD
Kathy Silverberg
Christine Schuessinger
John Wright
Harold Ronson (Emeritus)

Locations
Sarasota County
1868 Brother Geenen Way
Sarasota, FL 34236
941.955.2122
2350 Scenic Drive
Venice, FL 34293
941.493.3065
Lee County
5272 Summerlin Commons Way, #604,
Fort Myers, FL 33907
239.275.1881
DeSoto County
219 West Oak Street
Arcadia, FL 34266
863.494.5965
Charlotte County
2722 Voyager Drive
Punta Gorda, FL 33983
941.255.0723
friendshipcenters.org

In 2019, Our Adult Day Services provided over 83,386 hours of respite care.

270,442 Meals to hungry elders last year.

Our Caregiver Resource Centers delivered over 4,338 hours of support and education in 2018.

Our Friendship at Home program helped over 1,245 isolated seniors feel less alone last year.

525 program volunteers donated services valued at $2.7 million last year.

There were nearly 33,000 visits to our Senior Centers last year.

In 2019 there were 9,993 patient visits to our medical & dental clinics.

Isolation and loneliness are the malnutrition of the elderly.

- Brother William Geenen, CSC, Senior Friendship Centers founder

1,567 Older adults dined at our cafes or received a meal at home during 2019.

Our Mission: To promote health, dignity and quality of life throughout the journey of aging.
Caregiving and Adult Day Care

Caregivers who live with and care for someone with dementia or other cognitive medical challenges can experience extraordinary amounts of stress. The Caregiving Place at Senior Friendship Centers offers support groups and classes, reference materials, a lending library, and access to state and national resources. Senior Friendship Centers also offers affordable, quality adult day services in Sarasota, Venice and Fort Myers that provide daily activities, brain games, socialization, and more.

"My husband, Ramu, has vascular dementia and needed stimulation and social connections, and I needed a break. I found The Living Room in Venice, and have increased his time there because he loves it so much. Now he smiles and is cheerful again. I cannot say enough about how wonderful and caring the staff is. They pay attention to his needs as if he's the only one there."

- Jhansi Ravipati, caretaker

Medical and Dental Clinics

We are saving lives by providing medical and dental care to older adults who are uninsured or underinsured and meet financial eligibility criteria. Many of our patients come to us in crisis, having neglected their health due to ongoing financial constraints. At least 50% of our patients pay nothing for their care, which is provided by retired and volunteer physicians, dentists, pharmacists, nurses and other health care professionals.

"I love teaching people how to be responsible for their health. We take a holistic approach, and it's so rewarding when a patient can be taken off medication because they are embracing a healthier lifestyle and taking responsibility. Without the clinic, seniors go without regular healthcare. By seeing us, patients can get quality care and manage chronic conditions."

- Lake Garren, APRN, volunteer

Isolation is a challenge older adults often deal with when they choose to age in place. Through the work of dedicated volunteers, Friendship at Home offers many benefits to seniors who are home-bound. Programs include telephone reassurance, friendly visitors, and supportive intervention.

"I live alone and have arthritis, fibromyalgia and COPD, so I'm on oxygen 24/7. Ola from Senior Friendship Centers was so kind to me. She sent a volunteer, Maria, to my home and Maria shopped for me. I gave her a list and she went to Walmart and Publix and carried heavy packages into my house and put them away for me. It was so great to have Maria help me, as I was down to scraps in my pantry. I didn't know what I was going to do."

- Carol Tapp, homebound senior

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Activity Centers

The Activity Centers at Senior Friendship Centers are energetic, light-filled spaces where seniors can take classes, exercise, play cards, socialize, create art, listen to live music, learn a new language, and learn about healthy aging. They create community in every sense of the word – by providing comfortable places to gather, dance, have coffee with friends, or enjoy a healthy lunch. Activity Centers are located in Sarasota and Venice, with satellite offices in DeSoto, Charlotte and Lee Counties.

"I'm a widow, my wife passed away seven years ago and I was lonely. If you stay at home too long the walls seem to move in on you. I decided it was time to do something positive with the energy that I have and connect with people. Senior Friendship Centers gave me the opportunity to serve others every day. I serve coffee at the bistro and am the bartender for our dances. This is a great place to come, every day you have music and someone to talk to."

- Frederick Binion, member and volunteer
**Financials**

**Senior Friendship Centers Statement of Operating Activities for the year ended December 31, 2019**

**REVENUES**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Governmental Contracts</td>
<td>$10,117,971</td>
</tr>
<tr>
<td>Local County Support and United Ways</td>
<td>$541,428</td>
</tr>
<tr>
<td>Donations</td>
<td>$1,430,515</td>
</tr>
<tr>
<td>Private Grants</td>
<td>$805,943</td>
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<tr>
<td>In-Kind Contributions</td>
<td>$2,141,207</td>
</tr>
<tr>
<td>Program Fees / Other</td>
<td>$2,328,312</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$17,365,436</strong></td>
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**EXPENSES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries &amp; Fringe Benefits</td>
<td>$4,785,535</td>
</tr>
<tr>
<td>In-Kind Contributions</td>
<td>$2,131,603</td>
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<tr>
<td>Travel</td>
<td>$87,856</td>
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<tr>
<td>Rent</td>
<td>$154,514</td>
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<tr>
<td>Communications and Utilities</td>
<td>$302,689</td>
</tr>
<tr>
<td>Printing &amp; Supplies</td>
<td>$351,940</td>
</tr>
<tr>
<td>Food / Meals</td>
<td>$1,534,388</td>
</tr>
<tr>
<td>Professional Fees &amp; Service Subcontracts</td>
<td>$7,381,043</td>
</tr>
<tr>
<td>Maintenance &amp; Repairs</td>
<td>$309,643</td>
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<tr>
<td>Insurance</td>
<td>$90,384</td>
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<tr>
<td>Special Events &amp; Grant to Foundation</td>
<td>$83,446</td>
</tr>
<tr>
<td><strong>Total Expense</strong></td>
<td><strong>$17,726,301</strong></td>
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</table>

**NET OPERATING INCOME / (LOSS)**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operations</td>
<td>$(510,723)</td>
</tr>
<tr>
<td>Management &amp; Fundraising</td>
<td>$149,858</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$(360,865)</strong></td>
</tr>
</tbody>
</table>

**Legacy**

The Legacy Society is a way to leave a gift that will sustain Senior Friendship Centers well beyond your lifetime. Choose from charitable bequests, lead trusts and remainder trusts, or add us a beneficiary on your life insurance or retirement plans. No minimum is required.

"We love everything this place offers to people, and we wanted a way to give back. We play live jazz, blues, country and classic rock music on Thursdays for most of the year with our band, ‘The Carman Connection.’ Music reaches people’s hearts in a special way. We became members of the Legacy Society because we want to make sure that Senior Friendship Centers is around for generations to come."

- Keith and Nancy Carman, volunteers and Legacy Society members

Malnutrition does not just happen to seniors who suffer from hunger, or who do not have access to healthy food. Loneliness, isolation, immobility, depression, dementia, and other conditions can impact appetite, make eating difficult, and change metabolism. The Senior Friendship Centers Dining Centers and home delivered meals program provide more than food- the opportunity to connect with people helps feed their hearts and souls. For many seniors, these meals are the only nutritious and filling meals they eat all day.

"I like to come here for lunch and get a good meal and take my exercise class. I also help by moving tables and chairs and doing whatever else they need me to do. It’s a good thing that this center is here for so many people who need to eat and exercise and make friends. Those things are sometimes hard when you live alone."

- Ellen Davis, member and volunteer

A list of our 2019 donors can be found on our expanded online report at __________________.

Nutrition and Dining Clinics

Legacy

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