


Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat		
1	2 8:30 Coffee/Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups 12:00 Lunch 1:00 Backyard Games 2:00 Afternoon Activities	3 8:30 Coffee/Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Art with Kristen Brain Games with Jay 12:00 Lunch 1:00 Rob on Piano 2:00 Afternoon Activities	4 8:30 Coffee/Conversation 9:30 Stretch & Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups 12:00 Lunch 1:00 Drum Circle & Music 1:30 Travel to Cape Cod 2:00 Afternoon Activities	5 8:30 Coffee/Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Brain Games with Jay 12:00 Lunch 1:00 Tony/Valerie 2:00 Afternoon Activities	6 8:30 Coffee/Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special Groups Lunch 12:00 1:00 Dave - Massage Therapy 1:30 Bingo 2:00 Afternoon Activities	7		
8	9 8:30 Coffee/Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Morning Groups 12:00 Lunch 1:00 Celebrate the 50s Lemonade Social 2:00 Afternoon Activities	10 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Art with Kristen Brain Games with Jay 12:00 Lunch 1:00 Rob on Piano 2:00 Afternoon Activities	11 8:30 Coffee/ Conversation 9:30 Stretch & Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups 12:00 Lunch 1:00 Singalong with Irene 2:00 Afternoon Activities	12 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Brain Games with Jay 12:00 Lunch 1:00 CLOGGERS 2:00 Afternoon Activities	13 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Lunch 1:00 Bingo 2:00 Afternoon Activities	14		
15	16 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Lunch 12:00 1:00 How is it made? 2:00 Afternoon Activities	17 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Art with Kristen Brain Games with Jay 12:00 Lunch 1:00 Rob on Piano 2:00 Afternoon Activities	18 8:30 Coffee/ Conversation 9:30 Stretch & Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Lunch 1:00 Suncoast Humane Society 2:00 Afternoon Activities	19 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Brain Games with Jay 12:00 Lunch 1:00 Tony/Valerie 2:00 Afternoon Activities	20 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Lunch 1:00 Sunshine String Band Bingo 2:00	21		
22	23 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups 12:00 World Travel Guest Gloria 1:00 Chuck on Guitar 2:00 Afternoon Activities	24 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Art with Kristen Brain Games with Jay 12:00 Lunch 1:00 Rob on Piano 2:00 Afternoon Activities	25 8:30 Coffee/ Conversation 9:30 Stretch & Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Lunch 1:00 Irene 2:00 Afternoon Activities	26 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Brain Games with Jay 12:00 Lunch 1:00 Chuckie Singing 2:00 Afternoon Activities	27 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Lunch 1:30 Bingo 2:00 Afternoon Activities	28		
29	30 CLOSED for Memorial Day	31 8:30 Coffee/ Conversation 9:30 Stretch and Flex 10:00 The Morning Exchange/ Word of the Day 10:45 Special groups Art with Kristen Brain Games with Jay 12:00 Lunch 1:00 Rob on Piano 2:00 Afternoon Activities	 Senior Friendship Centers				<h1>May 2022</h1> <p>The Living Room at The Caregiving Place</p>	