

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022

2	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 <b>JOHN ON KEYS</b> 12:00 Lunch 1:00 <b>Travel</b> --Fall Foliage 2:00 Word Games/ Board Games/Blink/Uno	3	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 <b>ART WITH KRISTEN/ JAY- GAMES</b> 12:00 Lunch 1:00 <b>ROB ON PIANO</b> 2:00 Word Games/ Board Games/Blink/Uno	4	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>DRUM CIRCLE/MUSIC</b> 2:00 Word Games/ Board Games/Blink/Uno	5	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/ <b>JAY/ Games</b> 12:00 Lunch 1:00 <b>TONY AND VALERIE</b> 2:00 Word Games/ Board Games/Blink/Uno	6	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>BINGO</b> <b>DAVE,LMT-Chair Massages</b> 2:00 Games/Blink/Uno	7	8
9	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>BABY-THE HORSE</b> 2:00 Word Games/ Board Games/Blink/Uno	10	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 <b>ART WITH KRISTEN/ JAY- GAMES</b> 12:00 Lunch 1:00 <b>ROB ON PIANO</b> 2:00 Word Games/ Board Games/Blink/Uno	11	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>SING WITH IRENE</b> 2:00 Word Games/ Board Games/Blink/Uno	12	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/ <b>JAY/ Games</b> 12:00 Lunch 1:00 <b>CLOGGERS</b> 2:00 Word Games/ Board Games/Blink/Uno	13	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>BINGO</b> 2:00 Word Games/ Board Games/Blink/Uno	14	15
16	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>BACK YARD GAMES</b> 2:00 Word Games/ Board Games/Blink/Uno	17	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 <b>ART WITH KRISTEN/ JAY- GAMES</b> 12:00 Lunch 1:00 <b>ROB ON PIANO</b> 2:00 Word Games/ Board Games/Blink/Uno	18	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>ASPCA Visit</b> 2:00 <b>Pumpkin Painting</b> Games/Blink/Uno	19	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/ <b>JAY/Games</b> 12:00 Lunch 1:00 <b>TONY AND VALERIE</b> 2:00 Word Games/ Board Games/Blink/Uno	20	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>SUNSHINE STRINGS</b> 2:00 <b>BINGO</b>	21	22
23	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>PATRIOTIC SONGS</b> 2:00 Word Games/ Board Games/Blink/Uno	24	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 <b>ART WITH KRISTEN/ JAY- GAMES</b> 12:00 Lunch 1:00 <b>ROB ON PIANO</b> 2:00 Word Games/ Board Games/Blink/Uno	25	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>SING WITH IRENE</b> 2:00 Word Games/ Board Games/Blink/Uno	26	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/ <b>JAY/ Games</b> 12:00 Lunch 1:00 <b>CHUCKIE-KARAOKE</b> 2:00 Word Games/ Board Games/Blink/Uno	27	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>HALLOWEEN BINGO</b> 2:00 Word Games/ Board Games/Blink/Uno	28	29
30	8:30 Coffee and Conversation 9:30 Stretch and Flex 10:00 Morning Exchange 10:45 Art/Cards/Games 12:00 Lunch 1:00 <b>CHUCK ON GUITAR</b> 2:00 <b>Halloween Party</b> Games/Blink/Uno	31	<h2 style="color: orange;">VENICE LIVING ROOM SENIOR FRIENDSHIP CENTERS</h2>								