

Monday

Tuesday

Wednesday

Thursday

Friday

FEBRUARY 2024

			<p>9 am - 9:45 am Balance Movement 1</p> <p>10 am - 11 am Chair Yoga - Mirror Room</p> <p>10 am - 12 pm Craft Club - Art Studio</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>10 - 10:30 am Instruction Led Pickleball</p> <p>10:15 am - 11:45 am Adv German: Conv - Bend Rm</p> <p>10:30 am - 12:30 pm Indoor Pickleball Free Play</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1 - 2:30 pm Beginner Basic French Conv - Rm C</p> <p>1 - 3 pm Live Music & Dancing with Keith Carman Band</p> <p>1 - 3 pm Mah Jongg - Mirror Room</p> <p>3:30 - 4:30 pm Intermediate Tap Dance</p>	<p>National Wear Red Day 2</p> <p>9:30 - 11:30 am Bingo (\$5 Fee) - Library</p> <p>9:30 - 10:15 am Sing-a-long with Betty Comora</p> <p>9:30 - 11:30 am - Hearing Clinic Provided by Hear Again America - Great Room</p> <p>10 - 11 am Tai Chi - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10:30 - 11:15 am Balance Movement</p> <p>1 - 3 pm Live Music & Dancing with Buffalo Swing Band</p> <p>1 - 4 pm Euchre - Room B</p> <p>1 - 4 pm Sarasota Duplicate Bridge Group - Cafe</p> <p>2-3 pm What's Happening Now - Mirror Rm (2nd Floor)</p>
<p>9 am - 9:45 am Balance Movement 5</p> <p>10 - 11 am Beginner Line Dance Class</p> <p>10 - 11 am Fun Stories Group - Room B</p> <p>10 - 11 am Beg German: Grammar & Conv-Bend Rm</p> <p>10 am - 11:30 am Art Class</p> <p>11 am - 12 pm Intermediate Line Dance Class</p> <p>12- 3 pm Dup Bridge (SU Graeme 941-544-8446) - Rm B</p> <p>1 - 2:30 pm Advanced French Conv - Rm C</p> <p>1-3 pm Live Music & Dancing w/ The Bruno Connection</p> <p>2:30 - 3:30 pm Spanish Class - Benderson Room</p> <p>3:30 pm - 4:30 pm Intermediate Tap</p>	<p>9:30 am - 11:30 am Bingo (\$5 Fee) - Library 6</p> <p>10 am - 12 pm Technology Assistance with Debbie</p> <p>10 am - 11 am Chair Yoga - Great Room</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>11 am - 12 pm Drums of Unity with Joe Licinski - Great Room</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1-3 pm Mexican Train Dominoes - Room A</p> <p>1 - 3 pm Live Music & Dancing with Skip's Dixie Mix</p> <p>1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer</p> <p>3:15 - 4:30 pm Indoor Pickleball Free Play</p>	<p>9 am - 9:45 am Balance Movement 7</p> <p>9:30 - 10 am Advanced Tai Chi with Marty - Mirror Room</p> <p>10 - 11 am Intermediate Tai Chi with Marty - Mirror Room</p> <p>10 - 11 am Acapella Singing with Mary & Linda</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10 am - 12 pm Mosaics Class - Art Studio</p> <p>10:30 - 11:30 am Short Story Book Club - Library</p> <p>11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room</p> <p>11 am - 12 pm Ballroom Dance: Fox Trot</p> <p>11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build</p> <p>1 - 3 pm Popcorn & Movie - Cafe</p> <p>1 - 3 pm Live Music & Dancing with Pure Gold</p> <p>1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B</p> <p>3:30 - 4:30 pm International Folk Dancing</p>	<p>9 am - 9:45 am Balance Movement 8</p> <p>10 am - 12 pm Craft Club - Art Studio</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>10 am - 11 am Chair Yoga - Mirror Room</p> <p>10 - 10:30 am Instruction Led Pickleball</p> <p>10:15 am - 11:45 am Adv German: Conv - Bend Rm</p> <p>10:30 am - 12:30 pm Indoor Pickleball Free Play</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1 - 2:30 pm Beginner Basic French Conv - Rm C</p> <p>1 - 3 pm Mah Jongg - Mirror Room</p> <p>1 - 3 pm Live Music & Dancing with Keith Carman Band</p> <p>3:30 - 4:30 pm Intermediate Tap Dance</p>	<p>9:30 - 11:30 am Bingo (\$5 Fee) - Library 9</p> <p>9:30 - 10:15 am Sing-a-long with Betty Comora</p> <p>10 - 11 am Tai Chi - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10:30 - 11:15 am Balance Movement</p> <p>1 - 3 pm Live Music & Dancing with Buffalo Swing Band</p> <p>1 - 4 pm Euchre - Room B</p> <p>1 - 4 pm Sarasota Duplicate Bridge Group - Cafe</p> <p>2 - 3 pm What's Happening Now Group - Mirror Room (2nd Floor)</p>
<p>9 am - 9:45 am Balance Movement 12</p> <p>10 - 11 am Beginner Line Dance Class</p> <p>10 - 11 am Fun Stories Group - Room B</p> <p>10 - 11 am Beg German: Grammar & Conv-Bend Rm</p> <p>10 am - 11:30 am Art Class</p> <p>11 am - 12 pm Intermediate Line Dance Class</p> <p>12- 3 pm Dup Bridge (SU Graeme 941-544-8446) - Rm B</p> <p>1 - 2:30 pm Advanced French Conv - Rm C</p> <p>1-3 pm Mardi Gras Party with Crazy Karaoke Live - Sponsored by Golden Girls Solutions</p> <p>2:30 - 3:30 pm Spanish Class - Benderson Room</p> <p>3:30 pm - 4:30 pm Intermediate Tap</p>	<p>9:30 am - 11:30 am Bingo (\$5 Fee) - Library 13</p> <p>10 am - 12 pm Technology Assistance with Debbie</p> <p>10 am - 11 am Chair Yoga - Great Room</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>11 am - 12 pm Mindfulness & Meditation - Room A</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1-3 pm Mexican Train Dominoes - Room A</p> <p>1 - 3 pm Live Music & Dancing with Skip's Dixie Mix</p> <p>1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer</p> <p>3:15 - 4:30 pm Indoor Pickleball Free Play</p>	<p>9 am - 9:45 am Balance Movement 14</p> <p>9:30 - 11 am Advanced/Intermediate Tai Chi - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10 - 11 am Acapella Singing with Mary & Linda</p> <p>10 - 11 am Kitten Therapy with Cat Depot - Room B</p> <p>10 am - 12 pm Mosaics Class - Art Studio</p> <p>10:30 - 11:30 am Short Story Book Club - Library</p> <p>11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room</p> <p>11 am - 12 pm Ballroom Dance: Fox Trot</p> <p>11:30 am - 12 pm SSAS School Choir Performance - Great Rm</p> <p>1 - 3 pm Popcorn & Movie - Cafe</p> <p>1 - 3 pm Valentine's Day Celebration with Pure Gold</p> <p>1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B</p> <p>3:30 - 4:30 pm International Folk Dancing</p>	<p>9 am - 9:45 am Balance Movement 15</p> <p>10 am - 11 am Chair Yoga - Mirror Room</p> <p>10 am - 12 pm Craft Club - Art Studio</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>10 - 10:30 am Instruction Led Pickleball</p> <p>10:15 am - 11:45 am Adv German: Conv - Bend Rm</p> <p>10:30 am - 12:30 pm Indoor Pickleball Free Play</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1 - 2:30 pm Beginner Basic French Conv - Rm C</p> <p>1 - 3 pm Live Music & Dancing with Keith Carman Band</p> <p>1 - 3 pm Mah Jongg - Mirror Room</p> <p>3:30 - 4:30 pm Intermediate Tap Dance</p>	<p>9:30 - 11:30 am Bingo (\$5 Fee) - Library 16</p> <p>9:30 - 10:15 am Sing-a-long with Betty Comora</p> <p>10 - 11 am Tai Chi - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10:30 - 11:15 am Balance Movement</p> <p>1 - 3 pm Live Music & Dancing with Buffalo Swing Band</p> <p>1 - 4 pm Euchre - Room B</p> <p>2 - 3 pm What's Happening Now Group - Mirror Room (2nd Floor)</p>
<p>9 am - 9:45 am Balance Movement 19</p> <p>10 - 11 am Beginner Line Dance Class</p> <p>10 - 11 am Fun Stories Group - Room B</p> <p>10 - 11 am Beg German: Grammar & Conv-Bend Rm</p> <p>10 am - 11:30 am Art Class - Art Studio</p> <p>10:30-11:30 am Environmental Prog: Water Issues - Rm C</p> <p>11 am - 12 pm Intermediate Line Dance Class</p> <p>12-3 pm Dup Bridge (SU Graeme 941-544-8446) - Rm B</p> <p>1 - 2:30 pm Advanced French Conv - Rm C</p> <p>1 - 3 pm Live Music & Dancing with Bruno Connection</p> <p>2:30 - 3:30 pm Spanish Class - Benderson Room</p> <p>3:30 pm - 4:30 pm Intermediate Taps</p>	<p>9:30 am - 11:30 am Bingo (\$5 Fee) - Library 20</p> <p>10 am - 12 pm Technology Assistance with Debbie</p> <p>10 am - 11 am Chair Yoga - Great Room</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>11 am - 12 pm Mindfulness & Meditation - Room A</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1-3 pm Mexican Train Dominoes - Room A</p> <p>1 - 3 pm Live Music & Dancing with Skip's Dixie Mix</p> <p>1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer</p> <p>3:15 - 4:30 pm Indoor Pickleball Free Play</p>	<p>9 am - 9:45 am Balance Movement 21</p> <p>9:30 - 10 am Advanced Tai Chi with Marty - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10 - 11 am Intermediate Tai Chi with Marty - Mirror Room</p> <p>10 - 11 am Acapella Singing with Mary & Linda</p> <p>10 am - 12 pm Mosaics Class - Art Studio</p> <p>10:30 - 11:30 Short Story Book Club - Library</p> <p>11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room</p> <p>11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build</p> <p>11:45 am - 12:15 pm Lunch & Birthday Celebration - SU Req.</p> <p>1 - 3 pm Live Music & Dancing with Pure Gold & Dog Therapy</p> <p>1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B</p> <p>3:30 - 4:30 pm International Folk Dancing</p>	<p>9 am - 9:45 am Balance Movement 22</p> <p>10 am - 11 am Monthly Book Club: - Library</p> <p>10 am - 11 am Chair Yoga - Mirror Room</p> <p>10 am - 12 pm Craft Club - Art Studio</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>10 - 10:30 am Instruction Led Pickleball</p> <p>10:15 am - 11:45 am Adv German: Conv - Bend Rm</p> <p>10:30 am - 12:30 pm Indoor Pickleball Free Play</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1 - 2:30 pm Beginner Basic French Conv - Rm C</p> <p>1 - 3 pm Live Music & Dancing with Keith Carman Band</p> <p>1 - 3 pm Mah Jongg - Mirror Room</p> <p>3:30 - 4:30 pm Intermediate Tap Dance</p>	<p>9:30 - 11:30 am Bingo (\$5 Fee) - Library 23</p> <p>9:30 - 10:15 am Sing-a-long with Betty Comora</p> <p>10 - 11 am Tai Chi - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10:30 - 11:15 am Balance Movement</p> <p>1 - 3 pm Live Music & Dancing with Buffalo Swing Band</p> <p>1 - 4 pm Euchre - Room B</p> <p>1 - 4 pm Sarasota Duplicate Bridge Group - Cafe</p> <p>2 - 3 pm What's Happening Now Group - Mirror Room (2nd Floor)</p>
<p>9 am - 9:45 am Balance Movement 26</p> <p>10 - 11 am Beginner Line Dance Class</p> <p>10 - 11 am Fun Stories Group - Room B</p> <p>10 - 11 am Beg German: Grammar & Con - Bend Rm</p> <p>10 am - 11:30 am Art Class</p> <p>11 am - 12 pm Intermediate Line Dance Class</p> <p>12- 3 pm Dup Bridge (SGraeme 941-544-8446) - Rm B</p> <p>1 - 2:30 pm Advanced French Conv - Rm C</p> <p>1-3 pm Live Music & Dancing w/ The Bruno Connection</p> <p>2:30 - 3:30 pm Spanish Class - Benderson Room</p> <p>3:30 pm - 4:30 pm Intermediate Tap</p>	<p>9:30 am - 11:30 am Bingo (\$5 Fee) - Library 27</p> <p>10 am - 2 pm Cholesterol Screenings - Great Room</p> <p>10 am - 12 pm Technology Assistance with Debbie</p> <p>10 am - 11 am Chair Yoga - Great Room</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>11 am - 12 pm Mindfulness & Meditation - Room A</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1-3 pm Mexican Train Dominoes - Room A</p> <p>1 - 3 pm Live Music & Dancing with Skip's Dixie Mix</p> <p>1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer</p> <p>3:15 - 4:30 pm Indoor Pickleball Free Play</p>	<p>9 am - 9:45 am Balance Movement 28</p> <p>9:30 - 10 am Advanced Tai Chi with Marty - Mirror Room</p> <p>10 am - 12 pm Technology Assistance with Andy & Mike</p> <p>10 - 11 am Intermediate Tai Chi with Marty - Mirror Room</p> <p>10 - 11 am Acapella Singing with Mary & Linda</p> <p>10 am - 12 pm Mosaics Class - Art Studio</p> <p>10:30 - 11:30 am Short Story Book Club - Library</p> <p>11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room</p> <p>11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build</p> <p>1 - 3 pm Popcorn & Movie - Cafe</p> <p>1 - 3 pm Live Music & Dancing with Pure Gold</p> <p>1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B</p> <p>3:30 - 4:30 pm International Folk Dancing</p>	<p>9 am - 9:45 am Balance Movement 29</p> <p>10 am - 11 am Chair Yoga - Mirror Room</p> <p>10 am - 12 pm Craft Club - Art Studio</p> <p>10 am - 3 pm Pinochle - Room B</p> <p>10 - 10:30 am Instruction Led Pickleball</p> <p>10:15 am - 11:45 am Adv German: Conv - Bend Rm</p> <p>10:30 am - 12:30 pm Indoor Pickleball Free Play</p> <p>11:30 am - 3 pm Latin Social Group - Benderson Rm</p> <p>1 - 2:30 pm Beginner Basic French Conv - Rm C</p> <p>1 - 3 pm Live Music & Dancing with Keith Carman Band</p> <p>1 - 3 pm Mah Jongg - Mirror Room</p> <p>3:30 - 4:30 pm Intermediate Tap Dance</p>	