

Monday

Tuesday

Wednesday

Thursday

Friday

June 2024

*The calendar is filling up, but we're not stopping!
All activities can be found on the tv next to the Bistro

9 am – 9:45 am Balance Movement **3**
10 - 11:30 am German Grammar Conversation and Culture - Benderson Room
10 am – 11:30 am Art Class with Retsy - Art Room
11 am - 12 pm Intermediate Line Dance Class
12 - 3 pm Dup Bridge - Rm B
1 - 3 pm Live Music & Dancing w/ The Bruno Connection
2:30 - 3:30 pm Spanish Class - Benderson Room
3 - 4:30pm LGBTQ+ Book Club via Zoom (every other Monday): Contact Bruce @ 202-262-0262
3:30 pm – 4:30 pm Intermediate Tap

9:30 am - 11:30 am Bingo (\$5 Fee) – Library **4**
10 am - 11 am Chair Yoga – Great Room
10 am - 12 pm Technology Assistance
10 am - 3 pm Pinochle - Room B
11 am - 12 pm Drums of Unity with Joe Licinski - Great Room- (1st Tues every month)
11:30 am - 3 pm Latin Social Group - Benderson Rm
11 am - 12 pm Mindfulness & Meditation - Mirror Room
1-3 pm Mexican Train Dominoes - Library
1 - 3 pm Live Music & Dancing with Skip's Dixie Mix
1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer
3:15 - 4:30 pm Indoor Pickleball Free Play

9 am – 9:45 am Balance Movement **5**
9:30 - 11 am Advanced/Intermediate Tai Chi - Mirror Room
10 am - 12 pm Technology Assistance
10 am - 12 pm Mosaics Class - Art Studio
10:30 - 11:30 am Short Story Book Club - Library
11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room
11 am - 12 pm Ballroom Dance: Cha Cha - Great Room
11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build
11:30 am - 3 pm Latin Social Group - Benderson Rm
1 - 3 pm Popcorn & Movie - Cafe
1 - 3 pm Live Music & Dancing with Pure Gold
1 - 4:30pm Summer Camp with SSAS
1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B

9 am - 9:45 am Balance Movement **6**
10 am - 11 am Chair Yoga - Mirror Room
10 am – 12 pm Craft Club – Art Studio
10 am - 3 pm Pinochle – Room B
11:30 am - 3 pm Latin Social Group - Benderson Rm
12:30 pm - 2 pm Friendly Bridge - Library
1 pm - 2pm Radio Plays and Poetry Reading- Room
1 pm - 2:30 pm Grief & Loss Support Group- CRC Build
1 - 2:30 pm French for Beginners - Rm C
1 - 3 pm Live Music & Dancing with Keith Carman Band
1 - 3 pm Mah Jongg – Mirror Room
3:30 – 4:30 pm Intermediate Tap Dance

9:30 - 11:30 am Bingo (\$5 Fee) - Library **7**
9:30 - 10:15 am Sing-a-long with Betty Comora
10 - 11 am Tai Chi – Mirror Room
10 am - 12 pm Technology Assistance
10:30 - 11:15 am Balance Movement
1 – 3 pm Live Music & Dancing with Chuck Parr Band
1 – 4 pm Euchre – Room B
1 - 4 pm Sarasota Duplicate Bridge Group - Cafe
2-4 pm What's Happening Now - Mirror Rm

9 am – 9:45 am Balance Movement **10**
10 - 11:30 am German Grammar Conversation and Culture - Benderson Room
10 am – 11:30 am Art Class with Retsy - Art Room
11 am - 12 pm Intermediate Line Dance Class
12 - 3 pm Dup Bridge - Rm B
1 - 3 pm Live Music & Dancing w/ The Bruno Connection
2:30 - 3:30 pm Spanish Class - Benderson Room
3 - 4:30pm LGBTQ+ Book Club via Zoom (every other Monday): Contact Bruce @ 202-262-0262
3:30 pm – 4:30 pm Intermediate Tap

9:30 am - 11:30 am Bingo (\$5 Fee) – Library **11**
10 am - 11 am Chair Yoga – Great Room
10 am - 12 pm Technology Assistance
10 am - 3 pm Pinochle - Room B
11:30 am - 3 pm Latin Social Group - Benderson Rm
11 am - 12 pm Mindfulness & Meditation - Mirror Room
1-3 pm Mexican Train Dominoes - Library
1 - 3 pm Live Music & Dancing with Skip's Dixie Mix
1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer
3:15 - 4:30 pm Indoor Pickleball Free Play

9 am – 9:45 am Balance Movement **12**
9:30 - 11 am Advanced/Intermediate Tai Chi - Mirror Room
10 - 11 am Kitten Therapy w/ Cat Depot- Room B(2nd Wed every month)
10 am - 12 pm Technology Assistance
10 am - 12 pm Mosaics Class - Art Studio
10:30 - 11:30 am Short Story Book Club - Library
11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room
11 am - 12 pm Ballroom Dance: Cha Cha - Great Room
11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build
11:30 am - 3 pm Latin Social Group - Benderson Rm
1 - 3 pm Popcorn & Movie - Cafe
1 - 3 pm Live Music & Dancing with Pure Gold
1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B

9 am - 9:45 am Balance Movement **13**
10 am – 12 pm Craft Club – Art Studio
10 am - 3 pm Pinochle – Room B
10 am - 11 am Chair Yoga – Mirror Room
10 - 10:30 am Instruction Led Pickleball
10:30 am - 12:30 pm Indoor Pickleball Free Play
11:30 am - 3 pm Latin Social Group - Benderson Rm
1 pm - 2pm Radio Plays and Poetry Reading- Room A
1 - 2:30 pm French for Beginners- Rm C
1 - 3 pm Mah Jongg – Mirror Room
1 - 3 pm Live Music & Dancing with Keith Carman Band
3:30 – 4:30 pm Intermediate Tap Dance

9:30 - 11:30 am Bingo (\$5 Fee) - Library **14**
9:30 - 10:15 am Sing-a-long with Betty Comora
10 - 11 am Tai Chi – Mirror Room
10 am - 12 pm Technology Assistance
10:30 - 11:15 am Balance Movement
1 - 3 pm Live Music & Dancing with Chuck Parr Band
1 – 4 pm Euchre – Room B
1 - 4 pm Sarasota Duplicate Bridge Group - Cafe
2 - 4 pm What's Happening Now Group - Mirror Room

9 am – 9:45 am Balance Movement **17**
10 - 11:30 am German Grammar Conversation and Culture - Benderson Room
10 am – 11:30 am Art Class with Retsy - Art Room
11 am - 12 pm Intermediate Line Dance Class
12 - 3 pm Dup Bridge - Rm B
1 - 3 pm Music with DJ Tim w/ Krazy Entertainment
2:30 - 3:30 pm Spanish Class - Benderson Room
3 - 4:30pm LGBTQ+ Book Club via Zoom (every other Monday): Contact Bruce @ 202-262-0262
3:30 pm – 4:30 pm Intermediate Tap

9:30 am - 11:30 am Bingo (\$5 Fee) – Library **18**
10 am - 11 am Chair Yoga – Great Room
10 am - 12 pm Technology Assistance
10 am - 3 pm Pinochle - Room B
11:30 am - 3 pm Latin Social Group - Benderson Rm
11 am - 12 pm Mindfulness & Meditation - Mirror Room
1-3 pm Mexican Train Dominoes - Library
1 - 3 pm Live Music & Dancing with Skip's Dixie Mix
1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer
3:15 - 4:30 pm Indoor Pickleball Free Play

9 am – 9:45 am Balance Movement **19**
9:30 - 11 am Advanced/Intermediate Tai Chi - Mirror Room
10 am - 12 pm Technology Assistance
10 am - 12 pm Mosaics Class - Art Studio
10:30 - 11:30 am Short Story Book Club - Library
11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room
11 am - 12 pm Ballroom Dance: Cha Cha - Great Room
11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build
11:30 am - 3 pm Latin Social Group - Benderson Rm
1 - 3 pm Popcorn & Movie - Cafe
1 - 3 pm Live Music & Dancing with Pure Gold
1:30 pm - 2:30pm Dog Therapy (3rd Wed every month)
1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B
3:30 - 4:30 pm International Folk Dancing

9 am - 9:45 am Balance Movement **20**
10 am - 11 am Chair Yoga - Mirror Room
10 am – 12 pm Craft Club – Art Studio
10 am - 3 pm Pinochle – Room B
10 - 10:30 am Instruction Led Pickleball
10:30 am - 12:30 pm Indoor Pickleball Free Play
11:30 am - 3 pm Latin Social Group - Benderson Rm
1pm-2pm Radio Plays and Poetry Reading- Room A
1 - 2:30 pm French for Beginners - Rm C
1 - 3 pm Live Music & Dancing with Keith Carman Band
1 - 3 pm Mah Jongg – Mirror Room
3:30 – 4:30 pm Intermediate Tap Dance

9:30 - 11:30 am Bingo (\$5 Fee) - Library **21**
9:30 - 10:15 am Sing-a-long with Betty Comora
10 - 11 am Tai Chi – Mirror Room
10 am - 12 pm Technology Assistance
10:30 - 11:15 am Balance Movement
1 - 3 pm Live Music & Dancing with Chuck Parr Band
1 – 4 pm Euchre – Room B
2 - 4 pm What's Happening Now Group - Mirror Room

9 am – 9:45 am Balance Movement **24**
10 - 11:30 am German Grammar Conversation and Culture - Benderson Room
10 am – 11:30 am Art Class with Retsy - Art Room
11 am - 12 pm Intermediate Line Dance Class
12 - 3 pm Dup Bridge - Rm B
1 - 3 pm Live Music & Dancing w/ The Bruno Connection
2:30 - 3:30 pm Spanish Class - Benderson Room
3 - 4:30pm LGBTQ+ Book Club via Zoom (every other Monday): Contact Bruce @ 202-262-0262
3:30 pm – 4:30 pm Intermediate Tap

9:30 am - 11:30 am Bingo (\$5 Fee) – Library **25**
10 am - 11 am Chair Yoga – Great Room
10 am - 12 pm Technology Assistance
10 am - 3 pm Pinochle - Room B
11:30 am - 3 pm Latin Social Group - Benderson Rm
11 am - 12 pm Mindfulness & Meditation - Mirror Room
1-3 pm Mexican Train Dominoes - Library
1 - 3 pm Live Music & Dancing with Skip's Dixie Mix
1:30 - 2:30 pm Aging Rebels Discussion Group - Dwyer
3:15 - 4:30 pm Indoor Pickleball Free Play

Hurricane & Disaster Preparedness Expo 9am - 12pm **26**
9 am – 9:45 am Balance Movement
9:30 - 11 am Advanced/Intermediate Tai Chi - Mirror Room
10 am - 12 pm Technology Assistance
10 am - 12 pm Mosaics Class - Art Studio
10:30 - 11:30 am Short Story Book Club - Library
11 am - 12 pm Beginner Tai Chi with Marty - Mirror Room
11 am - 12 pm Ballroom Dance: Cha Cha
11 am - 12:30 pm LGBTQ+ Grief & Loss Supp Grp - CRC Build
11:30 am - 3 pm Latin Social Group - Benderson Rm
1 - 3 pm Popcorn & Movie - Cafe
1 - 3 pm Live Music & Dancing with Pure Gold
1:30-3:30pm Canasta (If New, Call Patty 919-208-5514) - Rm B
3:30 - 4:30 pm International Folk Dancing

9 am - 9:45 am Balance Movement **27**
10 am - 11 am Chair Yoga - Mirror Room
10 am – 12 pm Craft Club – Art Studio
10 am - 3 pm Pinochle – Room B
10 - 10:30 am Instruction Led Pickleball
10:30 am - 12:30 pm Indoor Pickleball Free Play
11:30 am - 3 pm Latin Social Group - Benderson Rm
1pm-2pm Radio Plays and Poetry Reading- Room A
1 - 2:30 pm French for Beginners - Rm C
1 - 3 pm Live Music & Dancing with Keith Carman Band
1 - 3 pm Mah Jongg – Mirror Room
3:30 – 4:30 pm Intermediate Tap Dance

9:30 - 11:30 am Bingo (\$5 Fee) - Library **28**
9:30 - 10:15 am Sing-a-long with Betty Comora
10 - 11 am Tai Chi – Mirror Room
10 am - 12 pm Technology Assistance
10:30 - 11:15 am Balance Movement
1 - 3 pm Live Music & Dancing with Chuck Parr Band
1 – 4 pm Euchre – Room B
1 - 4 pm Sarasota Duplicate Bridge Group - Cafe
2 - 4 pm What's Happening Now Group - Mirror Room